

FROM: DERRICK BROOKS E-59486

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Adjective Name: DYNAMIC DERRICK

TO: the TRANSFORMER

ATTN: PAT HARDY

AVP/CA

P.O. BOX 3294

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Dear Transformer,

AVP/CA has truly been a big help in my life. Here at Susanville Lassen yard AVP was first brought to me by Bodacious Bob, Anchor Alice, and Pat, which has certainly been a life changing experience. Learning TP has help me re-evaluate my personal feelings toward authority. I am now able to communicate in a more effective manner, rather than getting frustrated and allowing those in authority to get me to bite, and end up in the hole.

I truly want to thank all the outside facilitators who take time out of their busy schedules to bring such a positive program into our lives. You have all taught me so much, and the wisdom that you have given me is so awesome that I now feel capable to deal with most any situation. The growth that I feel inside of me from this program is so humbling, I just want everyone on this yard to know what this feeling is about.

Therefore, I will forever spread the word about AVP to my peers, and wear my AVP pennant daily to remind myself of the benefits of TP, and how it brings about a calm in many situations for me.

Moreover, I want to say thank you AVP/CA, for caring enough to bring this to us in these prisons.

*Dynamic Derrick*

Sincerely, Dynamic Derrick